



Lay Health Promoter Community Resource Manual



Lay Health Promoter Program Community Resource Manual

Table of Contents

Adult Education.....	3
Alcohol & Drug Abuse.....	3-4
Clothes Closets.....	4-5
Counseling Services.....	5
Dental Care.....	5
Department of Social Security Administration.....	5-6
Department of Social Services.....	6
Disability Services.....	6
Domestic & Sexual Violence.....	6-7
Emergency Shelters.....	7
Employment Assistance/Counseling.....	7-8
Eye/Vision Clinics.....	8
Financial Counseling.....	8
Financial Assistance.....	8
Food Pantries.....	8-13
Grief Support/Counseling.....	13
Healthcare Coverage.....	13
Health Clinics.....	13-14
Health Departments – Richmond Metro Area.....	14
HIV/AIDS.....	14
Hospitals – Richmond Metro Area.....	14-15
Housing Counseling.....	15
Immunizations.....	15
Legal Assistance.....	15-16
Meals Programs.....	16
Mental Health Services.....	16-17
Mental Health Support.....	17
Poison Control.....	17
Pregnancy/Parenting.....	17-18
Senior Services.....	18
Sexually Transmitted Infections/Diseases Resources.....	18-19
Smoking Cessation.....	19
Suicide Intervention/Prevention.....	19
Youth Services.....	19
Veterans Services.....	19
<i>Online Resources</i>	19

General Resources

GENERAL RESOURCES

Emergency/Police 911

CrossOver Healthcare Ministry (se habla Español)

108 Cowardin Ave (804) 233-5016

8600 Quioccasin Rd Suite 105 (804) 622-0803

CrossOver Healthcare Ministry services are available to individuals who have NO health insurance and are low income. A financial screening is required to determine eligibility. Eligibility forms and information on becoming a new patient can be found at www.crossoverministry.org

Marilyn Metzler, RN, CrossOver Healthcare Ministry (804) 422-2600 Ext. 130

Karen Bunn, CrossOver Healthcare Ministry (804) 422-2600 Ext. 131

United Way; Information and Referral Center..... 211 or 1-800-230-6977 se habla Español

American Red Cross..... (804) 780-2250

COMMUNITY DIRECTORY

Most Richmond services require ID from clients. If information is needed regarding and obtaining an ID, call Homeward Central Intake at (804) 648-4177.

Adult Education:

Monument Heights Baptist Church..... (804) 258-3256

(ESL & Citizenship Classes; Tues. evenings Sept-April)

Northside Partnership for Families.....(804) 288-9930

(Adult Literacy Classes)

READ- Adult Literacy.....(804) 288-9930

Resource WORKFORCE Center (Downtown)(804) 344-8060

Offers workforce training, such as technical computer skills

Richmond Public Library-West(804) 646-1877

“Tech Tues”, Computer Tutorial; 2:00-4:00 pm every Tuesday

Sacred Heart Center (GED & ESL Classes).....(804) 230-4399

Swift Creek Baptist Church (ESL classes).....(804) 739-3001

West End Presbyterian Church (ESL).....(804) 741-6562

Alcohol & Drug Abuse:

Al-Anon/Alateen..... (804) 353-4885

Alcoholics Anonymous (804) 355-1212 se habla Español

Alcohol Safety Action Program (ASAP) (804) 672-1786

Daily Planet (804) 649-2119 se habla Español

Good Samaritan Inn (804) 231-9995

Hanover County Community Services Board (804) 365-4200
 The Healing Place (804) 230-1184; (804) 230-1217; (804) 249-7359
 Henrico County Mental Health Services..... (804) 727-8515
 Human Resources, Inc. (804) 644-6310 se habla Español
 Narcotics Anonymous (804) 965-1871
 New Life for Youth (804) 448-2750
 McShin Foundation (804) 249-1845
 Richmond Behavioral Health Authority (804) 819-4000 se habla Español
 Rubicon, Inc. (Drug Rehab) (804) 359-3255
 SAARA.....(804) 762-4445
 Salvation Army Adult Rehabilitation Center.....(804) 359-0269
 Smart Recovery VA (Men only).....(804) 828-2086
 Veterans Affairs Medical Center (Veterans only) (804) 675-5000

Clothes Closets:

Belmont United Methodist Church..... (804) 275-8402
 (3510 Broad Rock Blvd. 23234) Fridays 9:00 am – 1:00 pm
 Bethlehem Baptist Church (4210 Penick Rd)(804) 262-8339 (next door to Dunbarton Library)
 3rd Saturday of month; 9:00 a.m.-Noon; infant, children & adult clothing
 Bon Air Baptist (804) 272-1475
 Shopping Center at Robious Rd. and Midlothian – 3rd Thursday 6-7:00 p.m.
 First Baptist Church (2709 Monument Ave.) (804) 353-2181
 Mon., Wed., Sat., (10-12) –includes showers
 ID Required; (Limit of 1 bag of clothes per month)
 First Baptist Church of South Richmond.....(804) 233-7679
 (1507 Decatur St.) 1st & 3rd Saturday 10:00 am-1:00 pm
 FISH (Eastern Henrico).....(804) 257-7730
 Serving only Henrico residents
 Future Church of Christ Holiness Church.....(804) 233-0002
 (5545 Warwick Rd, 23224) Every Third Saturday; 9a -12p
 Ginter Park Methodist Church (1010 W. Laburnum).(804) 262-8651
 Wednesdays; 10 am-12:00 noon
 Mercy Mall- Chesterfield.....(804) 277-9834
 7867 Redpine Rd. Chesterfield *By appointment only. Call 464-7294 for appointment.*
 6th Mount Zion Baptist Church..... (804) 648-7511
 (14 W. Duval St. 23220) Every Fri 11:00 am-1:00 pm
 Pregnancy Resource Center (maternity/baby clothes) (804) 673-2020
 Second Baptist Church.....(804) 740-7101
 9614 River Rd. Richmond, VA 23229
 2nd & 4th Friday; 12:30-2:30 p.m.

Tabernacle Baptist Church -1925 Grove Ave 23220 (804) 355-0134
 Thursdays 1:30-3:00
 31st Street Baptist Church (804) 226-0150
 Mon & Tues 11:30a-1p
 Trinity Baptist Church (804) 321-2427
 Mon & Wed 11:30a – 12:30 p
 Victory Tabernacle Church of God (Chesterfield).....(804) 744-8881
 2nd & 4th Thursday; 1st & 3rd Saturday; 10:00-11:30 a.m.
 Wesley Memorial United Methodist Church (804) 644-5830
 Sat 10a-1p Can also call ahead and go any day

Counseling Services:

Center for Christian Counseling.....(804) 517-5815
 Child Savers..... (804) 644-9590
 Christian Counseling Associates.....(804) 592-2793
 Christian Counseling and Training Center (804) 358-1343
 Commonwealth Catholic Charities (804) 545-5907 se habla Español
 Footsteps Christian Counseling (Chesterfield)..... (804) 715-3215
 Family Advocacy Clinic (804) 291-9340
 Life Construction Mental Health.....(804) 359-3737
 Hallmark Youth Care (804) 784-2200
 Institute of Pastoral Care.....(804) 282-8332
 Personal and Family Psychological Services (804) 379-2188
 Resources for Independent Living (804) 353-6503
 United Methodist Family Services of VA (804) 353-4461

Dental Care:

Children’s Hospital (804) 228-5828
 CrossOver Healthcare Ministry (108 Cowardin) (804) 233-5016 se habla Español
(Available only to people who are medical patients) Ext. 115
 CrossOver Healthcare Ministry- 8600 Quioccasin... (804) 622-0803 se habla Español
(Available only to people who are medical patients) Ext. 107
 Daily Planet..... (804) 649-2119 se habla Español
 Goochland Free Clinic (804) 556-5840
(Available for Goochland County residents only)
 Kool Smiles (adults & children) (804) 321-5665
 Henrico County Children’s Clinic..... (804) 501-4658
 Vernon J. Harris Comm. Health Center..... (804) 253-1972 se habla Español
 VCU Health System School of Dentistry (804) 828-9190
 VCU Health System School of Dentistry (for children) (804) 828-9095

Department of Social Security Administration (SSA)

Midlothian SSA.....(804) 773-7231
Petersburg SSA.....(804) 803-6322
Richmond SSA.....(804) 772-1213
Sandston SSA.....(804) 220-7905

Department of Social Services (DSS):

Charles City DSS (804) 652-1708
Chesterfield DSS (804) 318-8777 se habla Español
Colonial Heights DSS (804) 748-1100
Goochland DSS (804) 556-5880
Hanover DSS (804) 365-4100
Henrico (West End Office) DSS (804) 501-4001 se habla Español
Henrico (East End Office) DSS (804) 652-3123
New Kent DSS (804) 966-1853
Petersburg DSS..... (804) 861-4720
Powhatan DSS. (804) 598-5630
Richmond City Dept. Social Services: (804) 646-7212 se habla Español
Richmond City Southside Community Center..... (804) 646-8800

Disability Services:

Commonwealth Autism.....(804) 355-0300
Down Syndrome Assoc. of Greater Richmond.....(804) 796-5141
Resources for Independent Living.....(804) 353-6503
VA Dept. for Aging and Rehabilitative Services..... (804) 588-3333
VA Dept. for the Blind & Vision Impaired.....(804) 371-3140
VA Dept. for the Deaf & Hard of Hearing.....(804) 662-9502

Domestic & Sexual Violence:

Richmond Regional DV Hotline..... (804) 612-6126
Carol Adams Foundation.....(804) 218-2866
Child Abuse Hotline 1-800 552-7096 se habla Español
Child Abuse Prevention Services (804) 359-6166
Child Protective Services Hotline (Richmond City) .. (804) 646-0438
Family Advocacy Clinic (804) 291-9340
Hanover Safe Place HOTLINE..... (804) 752-2702 se habla Español
James House HOTLINE..... (804) 458-2840
Serves Dinwiddie, Southern Chesterfield, Prince George and Sussex
Richmond Adult Protective Services (804) 646-7405
After 5:00 p.m. & Weekends..... 888-832-3858
Richmond Social Services Second Responder (804) 646-3618

Safe Harbor HOTLINE (Henrico County)	(804) 287-7877	se habla Español
Stop Child Abuse Now (SCAN)	(804) 257-7226	se habla Español
Victim-Witness Services.....	(804) 646-7665	se habla Español
YWCA hotlines: Richmond & Chesterfield.....	(804) 612-6126	
Virginia Sexual & Domestic Violence	1-800-838-8238	se habla Español
Action Alliance 24-hour HOTLINE		

Anyone Seeking Emergency Shelter Should First Register with Central Intake (804) 648-4177

Central Intake Homeless Point of Entry - 511 West Grace St. (Next door to Daily Planet)

Intake times 8:30 a.m.-4:00 p.m. (Go as early in the day as possible for best chance)

Emergency Shelters-Adults with Children:

CARITAS	(804) 358-0964	
Commonwealth Catholic Charities (Central Intake) .	(804) 648-4177	se habla Español
Home Again Shelter.....	(804) 782-9778	
St. Joseph's Villa.....	(804) 553-3258	
The Salvation Army.....	(804) 225-7470	

Emergency Shelters-Single Men:

CARITAS	(804) 358-0964	
Commonwealth Catholic Charities (Central Intake) .	(804) 648-4177	se habla Español
Home Again Shelter.....	(804) 782-9778	
The Healing Place (Overnight Shelter).....	(804) 230-1217	
The Salvation Army.....	(804) 225-7470	
Salvation Army Rehab Center.....	(804) 359-0269	

Emergency Shelters-Single Women:

CARITAS	(804) 358-0964	
Commonwealth Catholic Charities (Central Intake) .	(804) 648-4177	se habla Español
The Salvation Army.....	(804) 225-7470	

Employment Assistance/Counseling:

Boaz and Ruth	(804) 329-4900	
Daily Planet	(804) 783-0678 ext. 285	
Services available only to medical or behavioral health patients of the Daily Planet		
Offender Aid and Restoration (OAR)	(804) 643-2746	
Good Will Industries	(804) 745-6300	se habla Español
Hispanic Chamber of Commerce	(804) 378-4099	se habla Español
Outreach Involvement Center.....	(804) 549-2404	
Resource WORKFORCE Center.....	(804) 344-8060	
Richmond Career Advance Center	(804) 780-4146	

Urban League of Greater Richmond (804) 230-8791
 Virginia Dept. for Aging & Rehabilitation Services....1-800-522-5019
 Virginia Employment Commission (804) 786-1485 TTY: (804) 371-8050

Eye/Vision Clinic:

CrossOver Healthcare Ministry (804) 233-5016
 Daily Planet (804) 783-0678

Financial Counseling:

Clearpoint Financial Solutions (804) 222-4660
 Commonwealth Catholic Charities (804) 285-5986

Financial Assistance:

Chesterfield/Colonial Heights Alliance for Social Ministry (CCHASM)..804) 796-2749
 8:30 a.m.-1:30 p.m. Monday-Thursday

Churchill Christian Wellness-The Well 23223..... (804) 780-0053
For residents of zip code 23223

Commonwealth Catholic Charities **HELP** Program : To make an appointment for financial assistance,
 call (804) 285-5986 on Tuesdays at 1:00 p.m. and Thursdays at 9:30 a.m. Calls are accepted until
 all available appointment slots have been filled. After 5pm leave a message requesting an appt.

Community Action Program Uplifting People (CAPUP) (804) 788-0050
 Conrad Center (Mon or Wed 9:00 am -7:00 pm) (804) 545-7200
 FISH (*Eastern Henrico*)..... (804) 257-7730
 HEARTH of Henrico (*must be Henrico resident*) (804) 501-5294 (must be employed)
 Salvation Army (*for Richmond residents*) *No rent help!* (804) 225-7470
 St. Paul's Episcopal Church..... (804) 643-3589
 Western Hanover Emergency Action Team (WHEAT) (804) 559-4328

Food Pantries:

Bainbridge Community Ministry, Inc. (804) 232-3091
 1400 Perry St. Richmond VA. 23224 Monday - Friday 9:00 am – 12:30 pm
Requirement: Reference from Social Services or Cross Over Ministry

Belmont United Methodist (804) 275-6336
 3510 Broad Rock Blvd. Richmond, VA 23234
 Friday 9:00 – 1:00 pm
Be early so you can receive a number

Bon Air Baptist Church..... (804)-272-1475
 10014 Robious Rd. (Shopping Center at corner of Robious & Midlothian)
 2nd Friday; 12:00-1:30 p.m. 4th Thursday; 6:00-7:30 p.m.

Capital Area Partnership Uplifting People (804) 788-0050
1021 Oliver Hill Way Richmond, VA 23112
Monday – Friday 9:00 a.m. – 2:45 p.m.

Requirement: Photo ID for adult & SSN for each person living at address

Celebration Church & Outreach Ministry (804) 675-4101
5501 Midlothian Turnpike Richmond, VA
Tuesday and Thursday; 2:00-4:00 p.m.

Chesterfield County Food Bank.....(804) 414-8885

Requirement: Photo ID. Serve only residents of Chesterfield

Every Friday; 12211 Ironbridge Rd. Chester; Registration at 5:00p & Food Distribution at 6:30p
1st Saturday; Hopkins Elem. School; Registration at 9:00a & Food Distribution at 10:00a
2nd Saturday; Reams Rd. Elementary School; Registration at 9:00a & Food Distribution at 10:00a
3rd Saturday; Ettrick Elem. School; Registration at 9:00a & Food Distribution at 10:30a
4th Saturday; J.A. Chalkley Elem. School; Registration at 9:00a & Food Distribution at 10:00a

Christ Ascension Episcopal Church.....(804) 264-9474
1704 W. Laburnum Ave. Richmond, VA 23227
Every 2nd, 3rd, & 4th Monday; 9:00 a.m.-11:00 a.m.

Church Hill Christian Wellness Center (804) 780-0053
2011 Fairmont Ave. Richmond, VA 23223
Every 2nd & 4th Thurs of the month 9:a. – 11a

Requirement: Photo ID. Serve residents of zip code 23223

Commonwealth Catholic Charities (804) 285-5986
1601 Rolling Hills Dr. Richmond, VA 23229
Tues. Wed. Thurs 9:00 a.m. – 12:00 noon

Requirement: Photo Identification. May receive food three times per year, 30 days apart

East District Family Resource Center (804) 644-4496
2405 Jefferson Ave. Richmond, VA 23223
2nd & 4th Tuesday 10:30 a.m. – 12:00 noon

Requirement: Serve only people living in zip codes 23223 or 23231

Bring Photo ID, Proof of Residence, SSN# for all members living at address

Ephesus SDA Church.....(804) 233-5201
3700 Midlothian Tpke 23224; Tuesday 10:00 a.m.- 12:00 p.m.

Requirement: Serve only people in zip codes 23224 & 23225. Bring I.D. & income verification (SSI, Disability, Medicaid, Unemployment, etc.) May receive food once a month.

Faith Landmarks Ministries.....(804) 262-7104
8491 Chamberlayne Rd. Richmond, VA 23227
Sundays; 10:00 a.m.-10:30 a.m. & 12:00 p.m.-12:30 p.m.
Tuesdays; 11:00 a.m.-12:00 p.m.

First Baptist Church (804) 358-5458
2709 Monument Ave. Richmond, VA 23220
Monday and Wednesday 10:00 a.m. – 12:00 noon
Requirement: Serve only people living in zip codes – 23219, 23220, 23221
Bring ID for all family members living at address, Proof of Residence

First Baptist Church of South Richmond.....(804) 233-7679
1507 Decatur St. 1st & 3rd Saturday 10:00 am-1:00 pm
Requirement: Serve zip codes – 23224, 23225; Bring ID and proof of residency

First United Presbyterian Church.....(804) 321-5374
3401 North Ave. Richmond, VA 23222
One Monday & one Saturday a month from 9:00a.m.-12:00p.m. (Call or visit www.first-united.org)
Requirement: Serve North Richmond residents. Bring ID.

Gayton Baptist Church Care Ministry.....(804) 476-0632
13501 N. Gayton Rd. Henrico, VA 23233
Tuesday 12:15-1:30 p.m. Enter at the rear of the building by playground
Requirement: Serve western Henrico and nearby Goochland residents

Ginter Park United Methodist Church.....(804) 262-8651
1010 W. Laburnum Ave. Richmond, VA 23227
Wednesdays 10:00 a.m.-12 noon
Requirement: Serve only people living in zip codes – 23222, 23227,
Bring ID; Proof of address, Proof of Income; May receive food once a month

Hanover Evangelical Friends Church..... (804) 730-9512
6420 Mechanicsville Tpke Mechanicsville, VA 23111
Tues 10:30 am -12:00 noon
Requirement: Serve only residents of Hanover

Lamb's Basket.....(804) 565-8007
8419 Oakview Ave. Henrico, VA 23228
Tues., Thursday, & Friday 10:00-12:45 p.m. (First 75 only!) May use services only 2 times per month
Requirement: Serves only residents of Henrico. Photo ID and proof of residency each visit.

Moore St. Missionary Baptist Church (804) 358-6403
1408 W. Leigh St. Richmond, VA 23220
Saturday 12:00-1:00 pm (Enter on Kenny St. side and go down to basement.)

Mt. Carmel Baptist Church..... (804) 226-1172
3200 E. Broad St. Richmond, VA 23223
1st Wed. of month 1:30-3:30 pm
3rd Wed. of the month (for Seniors) 1:30–3:30 pm

Mt. Olive Baptist Church.....(804) 230-9300
2611 Bells Rd. Richmond, VA 23234 (Come to brick house next to the church)
Every Wed. 4:00-6:00 p.m.
Requirement: Bring Photo ID. Serves residents of zip codes 23234 and 23224

Northside Outreach Center.....(804) 321-3181
3096 Meadowbridge Rd. Richmond, VA 23222
Thursdays; 9:00 a.m.
Requirement: Live in Highland Park and provide proof of address

Second Baptist Church.....(804) 353-7682
1400 Idlewood Ave. Richmond, VA 23220
Wed. 11:00 am – 1:00 pm
(Must bring ID or proof of residency. Serve zip code 23220)

Second Baptist Church.....(804) 740-7101
9614 River Rd. Richmond, VA 23229
2nd & 4th Friday of each month; 12:30-2:30 p.m.
Requirement: Bring Photo ID

Sharon Baptist Church..... (804) 643-3825
22 E. Leigh St. Richmond, VA 23220
Monday & Wednesday; 9:00-11:00 a.m. *Requirement: Social Services Referral*

Sherbourne Methodist Church (804) 275-6321
2619 Sherbourne Rd. Chesterfield, VA 23832
Wednesdays; 9:00 am – 11:00 am
Requirements: I.D. and Proof of Residence. Serving zip codes 23234 & 23237

St. Alban's Catholic Church.....(804) 262-6100
4006 Hermitage Rd. Richmond, VA 23227
Wednesdays, 1:00 p.m.-3:00 p.m.

St. Marks Episcopal Church..... (804) 358-4771
520 N. Boulevard Richmond, VA 23220
Every 2nd & 4th Sat of the month- 9:00 am – 10:30 am

St. Matthew's United Methodist Church.....(804) 784-3176
1706 St. Matthew's Lane Henrico, VA 23233
Thursdays; 5:00-6:30 p.m.

St. Paul's Catholic Church.....(804) 329-0473
909 Rennie Avenue Richmond, VA 23227
Tuesdays; 10:00 a.m.-12:00 p.m.

Requirements: Live in the city of Richmond, over the age of 40, valid ID, proof of income

St. Phillips Episcopal Church.....(804) 804 321-1266
2900 Hanes Ave. Richmond, VA 23222
Every 2nd & 4th Friday of the month; 10:00 a.m.-12:00 pm *Requirements: Serve zip code 23222*

St. Stephen's Episcopal Church.....(804) 288-2867
6000 Grove Ave. Richmond, VA 23226
Every Monday 1:00-3:00 p.m.

St. Thomas Episcopal Church.....(804) 228-8700
3602 Hawthorne Ave. Richmond, VA 23222
Thursdays; 9:30 a.m.-12:00 p.m.

*Requirement: Serve only people living in zip codes – 23222, 23227,
Bring ID; Proof of address, Proof of Income; May receive food once a month*

Stony Point Reformed Presbyterian Church.....(804) 272-8111
2330 Buford Rd. Richmond 23235; Room 101
1st & 3rd Tues of each month; 1:00-2:30 pm
2nd, 4th, & 5th Tuesday of each month; 6:30-8:00 pm

Tabernacle Baptist Church.....(804) 355-0134
1925 Grove Ave. Richmond, VA 23220
Every Thursday 1:30-3:00 *Requirements: Serves only sip code 23220 and 23221*

Welborne United Methodist Church.....(804) 740-7128
920 Maybeury Dr. Henrico, VA 23229
Monday 5:00-6:30 p.m. & Thursday 9:00-11:00 a.m.

Victory Tabernacle Church of God.....(804) 744-8881
 11700 Genito Rd. Midlothian, VA 23112
 Thursday at 10:00 – 11:30 am

Requirement: ID Resident of Chesterfield. Must screen through CCHASM (796-2749) first

Other Assistance with Food:

Central Virginia Food Bank, Inc. (804) 521-2500
 Meals-on-Wheels (Seniors, Disabled)
 Capitol Area Agency on Aging..... (804) 343-3000
 Meals-On-Wheels of Greater Richmond (804) 673-5035

Grief Support:

Bon Secours Grief/Bereavement Support Group..... (804) 433-4710
 Comfort Zone Camp (for children who are grieving)..... (804) 840-6454
 Compassionate Friends (804) 254-0588
 *for those who have experienced the death of a child
 Full Circle Grief Center..... (804) 912-2947
 Homicide Support Group.....(804) 646-6741

Healthcare Coverage:

Affordable Care Act (Health Insurance Marketplace) 1-800-318-2596
 FAMIS/FAMIS Plus (Cover VA).....1-855-242-8282

Health Clinics:

Bon Secours Care-A-Van	(804) 359-9355	se habla Español
CAHN Bermuda Medical Center.....	(804) 780-0840	
CAHN Glenwood Medical & Dental Clinic.....	(804) 780-0840	
CAHN Northside Medical Center.....	(804) 780-0840	
CAHN Southside Medical Center.....	(804) 780-0840	
CAHN Vernon J. Harris Medical Center.....	(804) 780-0840	
CrossOver Healthcare Ministry- 108 Cowardin Ave	(804) 233-5016	se habla Español
New Patient Registration.....	(804) 521-8263	se habla Español
CrossOver Healthcare Ministry- 8600 Quioccasin Rd	(804) 622-0803	se habla Español
New Patient Registration.....	(804) 521-8263	se habla Español
Daily Planet.....	(804) 649-2119	se habla Español
Free Clinic of Goochland.....	(804) 556-5840	
Free Clinic of Powhatan.....	(804) 516-2732	
Hayes E. Willis Health Center	(804) 230-7777	se habla Español
Health Brigade	(804) 358-8538	
Richmond Area High Blood	(804) 359-9375	
Pressure Center		

Richmond Medical Center (804) 359-5066
 For Women
 St. David's Free Medical Clinic (Aylett)..... (804) 769-2996
 St. Joseph's Outreach Clinic.....(804) 264-2986 se habla Español

For Parents of Children with Chronic Health Needs:

Care Connections for Children (804) 827-1795

Health Departments-Richmond Metro Area:

Chesterfield County Health Department..... (804) 748-1691 se habla Español
 Hanover Health Department (804) 365-4313 se habla Español
 Henrico Health Department (West End) (804) 501-4522 se habla Español
 Henrico Health Department (East End)..... (804) 652-3190
 New Kent Health Department (804) 966-9640
 Richmond City Health Department..... (804) 482-5500 se habla Español
*Immunizations, Family Planning & Teen Clinic, Communicable Disease Clinic,
 STD Clinic & WIC Office*

HIV/AIDS: (Also see "Sexually Transmitted Disease" section)

CrossOver Healthcare Ministry (804) 233-5016x130 se habla Español
 Free, Rapid, Confidential Testing for HIV; Monday-Friday 9:00a-4:30p
 Health Centers at 108 Cowardin Ave. & 8600 Quioccasin Rd
CrossOver also provides comprehensive services for those living with HIV!

Arthur Ashe Program (804) 230-7777 se habla Español
 Chesterfield County Health Department..... (804) 748-1975 se habla Español
 Health Brigade (804) 358-8538
 VCUHS Infectious Disease Center..... (804) 828-6163 se habla Español
 Richmond AIDS Consortium (804) 828-2477 se habla Español
 Richmond AIDS Information (RAIN)..... (804) 358-6343 se habla Español
 (Fan Free Clinic)
 Richmond City Health Department (STI & HIV)..... (804) 482-5500 se habla Español
 VCU HIV/AIDS Center (804) 828-2210 se habla Español
 Vernon J. Harris Comm. Health Center..... (804) 780-0840 se habla Español
 Virginia League for Planned Parenthood..... (804) 355-4358 se habla Español

Hospitals-Richmond Metro Area:

Children's Hospital (804) 321-7474 se habla Español
 Chippenham Medical Center..... (804) 320-3911 se habla Español
 Henrico Doctors Hospital
 Forest Campus..... (804) 289-4500 se habla Español
 Parham Campus (804) 747-5600 se habla Español

Hunter Holmes McGuire VA Medical Center	(804) 675-5000	se habla Español
John Randolph Medical Center	(804) 541-1600	se habla Español
Johnston-Willis Hospital	(804) 330-2000	se habla Español
Memorial Regional Medical Center	(804) 764-6000	se habla Español
The Retreat Hospital	(804) 254-5100	se habla Español
Richmond Community Hospital	(804) 225-1700	se habla Español
St. Francis Hospital	(804) 594-7300	se habla Español
St. Mary's Hospital	(804) 285-2011	se habla Español
Sheltering Arms	(804) 764-7055	se habla Español
Southside Regional Medical Center	(804) 765-5000	se habla Español
Stony Point Surgery Center	(804) 775-4500	se habla Español
VCUHS/MCV Hospital	(804) 828-9000	se habla Español

Housing Counseling:

CAPUP-Capital Area Partnership Uplifting People....	(804) 788-0050
Commonwealth Catholic Charities	(804) 285-5986
Homeless point of entry	(804) 648-4177
Housing Opportunities Made Equal.....	(804) 354-0641
Richmond Better Housing Coalition	(804) 644-0546
Richmond DSS	(804) 646-7212
United Way	(804) 771-5820
Virginia Supportive Housing.....	(804) 525-1951

Immunizations:

Bon Secours Care-A-Van.....	(804) 359-9355	se habla Español
CrossOver Healthcare Ministry	(804) 233-5016	se habla Español
Health Brigade	(804) 358-8538	se habla Español
Hanover County Health Dept.....	(804) 365-4313	se habla Español
Henrico County Health Dept (West End)	(804) 501-4522	se habla Español
Henrico County Health Dept (East End).....	(804) 652 3190	se habla Español
Henrico Doctors Hospital Travel Clinic	(804) 747-5627	se habla Español
Chesterfield County Health Dept.....	(804) 748-1691	se habla Español
Richmond City Health Dept.....	(804) 482-5500	se habla Español

Legal Assistance:

American Civil Liberties Union (ACLU)	(804) 644-8022	se habla Espanol
Central Virginia Legal Aid Society, Inc.	(804) 648-1012	
Hunton & Williams-Church Hill Office	(804) 775-2248	se habla Español
Legal Aid Justice Center.....	(804) 643-1086	
Legal Information Network for Cancer LINC.....	(804) 272-5462	se habla Español
Marks & Harrison	(804) 282-0999	se habla Español

VA Hispanic Chamber of Commerce Legal Clinic ... (804) 378-4099
Virginia Office for Protection and Advocacy (804) 225-2042 *Disability law*

Meal Programs: (Prepared Meals)

Greater Mount Moriah (Mon thru Fri) 12:00-12:30... (804) 644-9208
913 N. 1st St.

Trinity Baptist Church (Mon & Wed.) 11:30-12:30(804) 321-2427
2811 Fendall Ave. (Sept.-June only)

2nd Presbyterian (Monday) 10:30-12:30..... (804) 649-9148
5 North Fifth St.

St. Peter's Catholic Church (Tuesday) 11:45-12:30..... (804) 643-4315
800 East Grace St. (Wednesday) 5:00-6:00 p.m.

Help Somebody (Wednesday) 9:00-11:00 a.m.....(804) 306-0163
1717 E. Franklin St.

Help Somebody (Wednesday) 4:00-6:00 p.m(804) 306-0163
1801 E. Broad St.

3rd St. Bethel AME Church (Wednesday) 11:30-1:00..... (804) 643-8157
614 N. Third St.

Pine St. Baptist Church (Thursday) 10-10:30 am(804) 648-1353
400 S. Pine St.

St. Paul's Episcopal Church (Thursday) 10:30-12:30..... (804) 643-3589
815 East Grace St.

First Baptist Church (Thursday) 6:00-7:00 p.m..... (804) 358-5458
2709 Monument Ave.

Centenary United Methodist (Friday) 10:30-12:30..... (804) 648-8319
411 East Grace St.

6th Mount Zion (Friday) 11:00 – 1:00 (804) 648-7511
14 W. Duval St.

Grace and Holy Trinity Church (Friday) 1:00 – 1:45..... (804) 359-5628
8 North Laurel St. (Closed in August)

2nd Baptist Church (Saturday) 10:30-12:00..... (804) 353-7682
1400 Idlewood Ave.

Resurrection Lutheran Church (3rd Sat. of month 11-1)..... (804) 321-7291
2500 Seminary Ave. Educ. Bldg (Closed in August)

Food Not Bombs (Sun.) Bfast 8:30 a.m. & Dinner 4:00 pm.. (804) 359-4800
Monroe Park, Main & Belvidere

Mental Health Services:

Charles City / New Kent Crisis Hotline.....(804) 966-5959
Chesterfield County Mental Health Services.....(804) 748-1227
Crisis Hotline.....(804) 748-6356

Daily Planet..... (804) 783-0678
 Department of Behavioral Health and (804) 786-3921
 Developmental Services
 Goochland Crisis Hotline.....(804) 556-3716
 Hallmark Youthcare (804) 784-2200
 In-patient, adolescents 11 -17 years only
 Hanover County Mental Health (804) 365-4275
 Crisis Hotline.....(804) 365-4200
 Henrico County Mental Health Services..... (804) 727-8515
 Crisis Hotline.....(804) 727-8484
 National Counseling Group..... (804) 622-4201
 Powhatan County Crisis Hotline.....(804) 598-2697
 Richmond Behavioral Health Authority..... (804) 819-4000 se habla Español
 24 Hour Crisis Hotline.....(804) 819-4100
 The Center for Child & Family Services.....(804) 282-0003
 Virginia Alliance for the Mentally Ill..... (804) 225-8264
 Virginia Alliance for the Mentally Ill Richmond Chap. (804) 285-1749

Mental Health Support:

Depression and Bipolar Support Alliance (804) 323-8846
 Nueva Vida (Support Network for Latinas with Cancer).. (804) 366-1102

Poison:

Poison Control HOTLINE 1-800-222-1222 se habla Espanol

Pregnancy & Parenting Resources:

(Also see “Richmond-area Health Departments” and “Departments of Social Services”)

Catholic Charities (Pregnancy Counseling).....(804) 288-0085
 Capital Childcare..... (804) 359-8821
 Chesterfield County Infant Program (804) 768-7205 se habla Español
 Child Savers.....(804) 644-9590
 CHIP (Children’s Health Insurance Program)..... (804) 233-2850 se habla Español
 Commonwealth Parenting Center (804) 545-1272
 Depression & Anxiety Mental Health Helpline.....1-800-622-4357 www.postpartumprogress.com
 Elizabeth Project..... (804) 901-7667
 Family & Community Support Systems (804) 762-8716
 Family Lifeline.....(804) 282-4255

(Serving Families that are currently pregnant OR parenting a child under 3 months)

VCUHS Infectious Disease Clinic (804) 828-6163
Vernon J. Harris Comm. Health Clinic..... (804) 780-0840 se habla Español

Smoking Cessation

QuitNOW..... (800) 784-8669 or (800) QUIT-NOW

Suicide Intervention/Prevention:

Also see *Mental Health Services* Crisis Hotline Information

Emergency/Police..... 911 se habla Español
Suicide Prevention Hotline..... 1-888-628-9454 (Español)
..... 1-800-273-TALK (1-800-273-8255)
..... 1-800-799-4TTY (hearing impaired)

Youth Services:

Big Brothers Big Sisters.....(804) 261-4940
Communities in Schools.....(804) 358-1247
Chesterfield County Parent Teacher Resource Cnt.(804) 279-7311

Veterans Services:

Home Again Veterans Transitional..... (804) 230-4278
(*Homeless Shelter*)
McGuire Veterans Medical Center (804) 675-5000

U.S. Department of Veterans Affairs (804) 675-5000
Benefits Information: 1-800-827-1000
Veteran Outreach Center (703) 360-8633

On-line Resources :

www.healthcare.gov Affordable Care Act (Health Insurance Marketplace)
www.coverva.org FAMIS/FAMIS Plus (Insurance coverage for children 0-19 in Virginia whose family meets the income guidelines.)
www.commonhelp.virginia.gov To apply for Food Stamps (SNAP), TANF, Medicaid, Child Care for work/education purposes, Energy Assistance, and other services.
www.ssa.gov/applyfordisability To apply for disability.
www.hud.gov For rental assistance, discrimination complaints, education about housing vouchers.